

# The Leader In Accessible Van Rentals



## Wheelchair Getaways

*Quarterly Customer Newsletter*

**January 2002**

### Winter Sports Action

Ready to hit the slopes? The national sports center for the disabled (NSCD) offers individual, group, and extended winter programs. The program activities include Alpine skiing, snowboarding, nordic programs, family lessons, mid-range ski program, inclusion program, children's camp, access ski programs, blind skier program, and dog sled rides. Actual programs are located in Colorado resorts and most of the activities run through April. However, if you cannot make it to the Colorado area the NSCD website, [www.nscd.org](http://www.nscd.org), features a list of accessible ski programs near you.



The annual Wells Fargo Band Corp returns to Winter Park Resort on February 1-3, 2002. This ski-racing weekend brings together world-class disabled ski racers, Denver Broncos alumni, and amateur skiers of all abilities for the NSCD's largest fundraiser of the year. More information about this event and the National Sports Center for the Disabled can be obtained by visiting [www.nscd.org](http://www.nscd.org) or by calling (970) 726-1540.

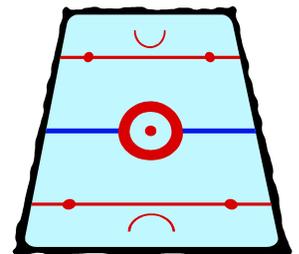
Crystal Adaptive Winter Sports programs, also located in Colorado, offer people with disabilities an opportunity to ski on Crystal Mountain. Before skiing, the skier is assessed by a trained professional to determine what type of equipment is needed. The programs include Bi-skiing, Mono-skiing, Two-, Three-, and Four-track skiing. Crystal Adaptive winter sports information can be obtained by contacting (425) 313-9310, (206) 467-5157, or [www.dsua.org](http://www.dsua.org).

When choosing an adaptive ski program please keep in mind the following questions, which are listed on the National Sports Center for the Disabled website:

- 1) Are the instructors certified by Professional Ski Instructors of America or does the program have a PSIA-certified staff member in charge of training?
- 2) Will you receive a personal evaluation to assess your goals and adaptive equipment needs?
- 3) What type of ski equipment does the program provide? How old is it? Will they rent equipment without a lesson? Can you take equipment offsite?
- 4) How accessible are buildings and slopes? Do they have heated or regularly maintained ramps? How far are buildings from parking? Is the shuttle system accessible?
- 5) How long has the program been in business?
- 6) Will the program give references?
- 7) Will the instructors take the time to speak with your doctor or therapist?

How about some hockey? The sled hockey league has 11 Districts that generate action-filled competition for hockey fans. The players are affixed to a sled that has two skate blades attached to the bottom.

Both right and left sticks are used for shooting, passing, and propelling the players by digging the picks at the



end of the sticks into the ice. The districts include Atlantic, Central Massachusetts, Michigan, Mid-American, Minnkota, New England, New York, Rocky Mountain, Southeast, and the Pacific District. For more information about this league and other sled hockey organizations visit [www.sledhockey.org](http://www.sledhockey.org).

**Major League Baseball Spring Training details inside!!!**

## Accessible San Diego

When planning a trip to San Diego the first stop to make is a visit to [accessandiego.com](http://accessandiego.com). This web site is a service of Access San Diego. The features range from a calendar of events to a list of accessible hotel accommodations in the San Diego area. A 2-for-1 Card is also available to order on the site and can save one person with disabilities and a companion money on San Diego travel expenses. For more information on the accessibility in San Diego or the 2-for-1 Card visit the website or call (858) 279-0704.

Finding a beach to visit is no problem in San Diego. Mission Beach, Ocean Beach, Coronado Beach, and LaJolla Beach are all accessible beaches in the area. Also by the waterside are the Mission Bay Aquatic Center and Hornblower Cruises. Persons with disabilities can participate in adapted water skiing, sailing, canoeing, and jet skis at the Aquatic Center. The Hornblower Cruise offers a more relaxing time with dinner cruises and tours. Wheelchair accessibility is available on the largest ship, the Lord Hornblower. When planning

a cruise on the ship, be sure to call in advance to ensure the use of the Lord Hornblower because ships are used according to demand.

If a day in the sun is not for you, San Diego has many attractions that offer free admission on Tuesday. The Automotive Museum is a good stop for a collection of vehicles. Admission is free to visitors on the fourth Tuesday of every month. Other accessible museums in the city are the San Diego Aerospace Museum and the Reuben H. Fleet Space Theater and Science Center. The Science Center, which offers free admission on the first Tuesday of every month, has wonderful "hands on" exhibits. An Imax Dome Theater is also in the center and is currently playing Amazing Journeys, Journey into Amazing Caves, Bears, and the Human Body. There are also Planetarium shows at the Science Center.

Finding a place to relax after a on the town is no problem in San Diego. The city offers more than twenty choices for accessible accommodations. The B&B Inn at La Jolla is among these choices and is near the center of town and minutes away from the beach. The bed and breakfast an accessible room on the first floor and total access to the main level of the Inn.

For reservations or information about Wheelchair Getaways in the San Diego area call 1-877-388-4883. More information on accessible San Diego attractions can be obtained by contacting the following:

**Chamber of Commerce:**

(619) 544-1300

[www.sdchamber.org](http://www.sdchamber.org)

**Reuben H. Fleet Space Theater and Science Center:**

(619) 238-1233

[www.rhfleet.org](http://www.rhfleet.org)

**San Diego Automotive Museum:**

(619) 231-2886

**Hornblower Cruises:**

(619) 686-8700 or 1-800-688-4322

[www.hornblower.com](http://www.hornblower.com)

**San Diego Aerospace Museum:**

(619)234-8291

**Mission Bay Aquatic Center:**

(858)488-1036

[www.mbac.nu/](http://www.mbac.nu/)

**Convention and Visitor's Bureau:**

(619- 238-1212

[www.sandiego.org](http://www.sandiego.org)

### San Diego's Fast Facts

*-from San Diego Chamber of commerce [www.sdchamber.org](http://www.sdchamber.org)*



San Diego's air quality is better than many cities of comparable size.



Holiday Magazine voted San Diego "the only area in the United States with perfect weather"



The-sixth largest city in the U.S., San Diego is the southern most major metropolitan area of California.



No longer a sleepy mission town, the city of San Diego is now home to more than 2.7 million people and has become a rich, vibrant, cultural center, as well as California's second-largest city, after Los Angeles.



# Spring Training



by Emily Gillespie and Rich and Suzanne Bilby from the Arizona franchise

February 27, 2002, kicks off another spring training season for major league baseball. Kids and adults have a great time at spring training facilities. Ball players are easily approachable and autographs are fun for all. Arizona and Florida weather provide a wonderful opportunity to see some spring training.

Arizona is the spring training base for many major league teams. The World Champion Arizona Diamondbacks train in Tucson but also have many games scheduled for Phoenix area stadiums. Fans can also attend games featuring the Chicago Cubs, Anaheim Angles, Chicago White Socks, Colorado Rockies, Milwaukee Brewers, Oakland Athletics, San Diego Padres, Seattle Mariners, and the San Francisco Giants.

Rich and Suzanne Bilby, the Arizona franchise owners, have already been accepting reservations for accessible vans. Fans from throughout the country come to the "Valley of the Sun" to warm up and watch their favorite clubs in an intimate environment. All ballparks have accessible seating. The Bilby's suggest visitors log on to [www.azcentral.com/sports/cactus](http://www.azcentral.com/sports/cactus) for information on all Cactus League games and ticket information.

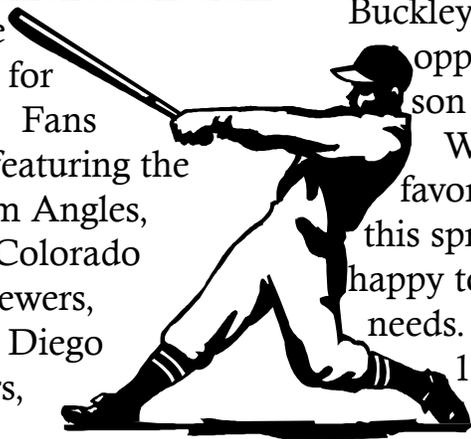
Florida is another popular place to visit if you would like to see some spring season baseball. The Houston Astros, New York Yankees, Montreal Expos, Pittsburg Pirates, Philadelphia Phillies, Cincinnati Reds, and Cleveland Indians

all train for their season in Florida.

Schedules, ticket information, phone numbers, maps to each ballpark, and hotels and restaurants for each team can be obtained by visiting [www.spring-trainingmagazine.com](http://www.spring-trainingmagazine.com). Spring training tours are also an option when traveling to see the spring season. For Oakland Athletics, Seattle Mariners, and San Francisco Giants a spring training tour might be the perfect way to start off the spring season. More information about the tours is available by calling (925) 373-4627 or [www.springtrainingtours.com](http://www.springtrainingtours.com). Jay Buckley Baseball Tours also offer fans an opportunity to see some spring season action.

While planning a trip to visit your favorite major league baseball team this spring, Wheelchair Getaways will be happy to help with your transportation needs. Contact the Arizona franchise at 1-888-824-7413 or the Florida franchisee, serving Tampa, Orlando, Bradenton, and Sarasota at 1-800-242-4990. For information about national reservations call 1-800-642-2042 or visit [www.wheelchairgetaways.com](http://www.wheelchairgetaways.com).

The spring season ends on March 31, 2002.



### Arizona Diamondbacks

--Randy Johnson, a left-hand pitcher with the Arizona Diamondbacks, and three-time recipient of prestigious Cy Young Award is 6'10", the tallest pitcher ever to start in Major League Baseball.

-[www.thinkbig.com](http://www.thinkbig.com)

--June 26, 2000, Alex Cabrera makes his big league debut and homers as a pinch-hitter in the eighth inning. He becomes the 78th player in baseball history to homer in his first career at bat.

-[www.diamondbacks.mlb.com](http://www.diamondbacks.mlb.com)